**Morbidity and Mortality Weekly Report**

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Morbidity and Mortality Weekly Report

The Morbidity and Mortality Weekly Report (MMWR) plays a vital role in offering public health data and recommendations. Because MMWRs are based on public health practise or policy and science (particularly epidemiology). Findings from MMWRs are dependable because they are based on analyses using accredited scientific techniques and use adequate data (Centres for Disease Control and Prevention, 2019). The Morbidity and Mortality Weekly Reports mostly employ experimental and observational data. MMWR is considered to be the voice of the Centres for Disease Control and Prevention because it's the agency's primary means for the clinical publication of dependable, timely, objective, accurate and authoritative public health data and recommendation. The Morbidity and Mortality Weekly Report helps to offer public health data and recommendation.

Influenza is a viral disease that is caused by influenza viruses. Influenza activity tends to vary depending on geographical location. However, nationwide data on the prevalence of flu do not reflect this possible deviation. The report by (Centres for Disease Control and Prevention, 2019) suggest that the application of the countrywide technique to determine the burden of the flu at the municipal level that flu impacted 9 and 11 percent of the residents of Utah between 2016-2017 and 2017-2018 influenza season, correspondingly. The three types of influenza viruses cause influenza, type A, B and C. The disease is transmitted when infected persons sneeze or cough or talk and send droplets of the viruses into the air and possibly into the mouths or mouths of people nearby (Centres for Disease Control and Prevention, 2018). The Morbidity and Mortality Weekly Report is an example of descriptive epidemiology because it is based on previous reports. Focusing on disease burden of influenza will help public health experts, clinicians, and legislators to uniquely tailor influenza response and planning.

**References**

Centres for Disease Control and Prevention. (2018). Influenza (Flu). https://www.cdc.gov/flu/about/disease/spread.htm

Centres for Disease Control and Prevention. (2019). Estimating the Incidence of Influenza at the State Level- Utah, 2016-17 and 2018-18 Influenza Seasons. https://www.cdc.gov/mmwr/volumes/68/wr/mm6850a2.htm?s\_cid=mm6850a2\_w

Centres for Disease Control and Prevention. (2019). Morbidity and Mortality Weekly Report (MMWR). https://www.cdc.gov/mmwr/author\_guide.html